



American
Heart
Association.



Adult & Child CPR Anytime® Training Kit

With 70% of out of hospital cardiac arrests happening in the home, be prepared to act in an emergency and save the life of a family member, coworker, or someone in distress.

Learn the lifesaving skills of CPR and First Aid with the **all-new Adult & Child CPR Anytime Training Kit**, a hands-on, self-facilitated learning program that teaches CPR, how to use an AED, choking relief, and more. Learn and practice on your own at home or share with friends and family.

Learn. Practice. Share.



► [HEART.ORG/CPRANYTIME](https://heart.org/cpranytime) #CPRWITHHEART



The Adult & Child CPR Anytime® Training Kit is designed to meet the needs of individuals, families, community organizations, and universities and can be facilitated by anyone, anytime in about 30 minutes.

PRODUCT FEATURES:

- Provides both lifesaving skills of CPR and first aid
- Includes the all-new Adult & Child CPR Anytime Interactive App to enhance your training experience
- Portable kit is reusable and can be shared with family and friends
- Easy to facilitate with streaming video
- Includes AED training simulator with adult pads
- Training developed from the latest science and research from the AHA
- Taught with the AHA's research proven practice-while watching technique with Mini Anne manikins
- Earn a certificate or badge of participation

TOPICS:

- CPR related topics include Adult & Child CPR with breaths, Steps leading up to CPR, Pushes on the chest, How to use an AED, Child CPR with breaths, and Adult & Child choking relief
- First aid related video topics include: Special circumstances when using an AED, Allergic Reactions, and Bleeding Control

